The Department of Defense has sought to support the development of interstate compacts as a mechanism for ensuring the professional licenses of military spouses are easily portable. In September 2020, the Department of Defense entered into a cooperative agreement with The Council of State Governments to fund the creation of new interstate compacts designed to strengthen occupational licensing portability. In collaboration with the Department of Defense, CSG developed and administered a competitive application process to select the professions for initial compact development in late 2020 and early 2021. Eligible applicants included associations of professionals, associations or federations of state licensing boards, coalitions of state licensing boards and national credentialing bodies for professions licensed in at least 30 states.

In March 2021, the Department of Defense and CSG announced the selection of K-12 Teachers as one of the first-round professions, partnering with the National Association of State Directors of Teacher Education and Certification (NASDTEC) as the partner organization. To develop recommendations guiding the drafting of the Interstate Teacher Mobility Compact, CSG and NASDTEC brought together a Technical Assistance Group made up of legislators, state education department officials, members of professional associations, licensed teachers, and other stakeholders. The group met over the course of several months to determine the needs of the profession and the model needed for teacher mobility patterns and licensure systems. A separate drafting team transitioned the recommendations and model from the Technical Assistance Group into a full draft of the Interstate Teacher Mobility Compact model legislation.

To gather public comment on the draft legislation, CSG managed a stakeholder review process during the Summer of 2022. This included holding virtual presentations open to the public, walking through the draft legislation. CSG and NASDTEC also attended several conferences and convenings to present the compact to interested stakeholder groups. Lastly, CSG hosted a website with the draft legislation, informational materials, and a survey for anybody to submit feedback. After gathering responses, CSG reconvened the drafting team and Technical Assistance Group to discuss and make changes, leading to a final draft.

Groups involved in the development of the ITMC are listed below. Please note that this does not signify an endorsement of the policy.

- National Association of Elementary School Principals
- American Association of Colleges for Teacher Education
- National Education Association
- Council of Chief State School Officers
- Education Commission of the States
- Southern Regional Education Board
- American Association of School Administrators
- National Conference of State Legislatures
- National Association of State Boards of Education
- National Governors Association
- National Council on Teacher Quality
- National School Boards Association